



## Immediate Life Support Course

### Regulations - June 2008

#### The objectives of the ILS course are:

- ❑ To train healthcare personnel in causes and prevention of cardiopulmonary arrest, the ABCDE approach, initial resuscitation and defibrillation (manual and / or AED) and simple airway management
- ❑ To train healthcare personnel to manage patients in cardiopulmonary arrest until arrival of the resuscitation team.
- ❑ To train healthcare personnel to participate as members of the resuscitation team.

This course will meet the needs of those who need more advanced skills than those taught during Basic Life Support (BLS) but who do not require the more comprehensive 2-day Advanced Life Support (ALS) Course.

#### 1. REGISTRATION and COSTS

- 1.1 The Resuscitation Council (UK) ILS course can only be run by accredited Resuscitation Council (UK) Course Centres, Primary Care Trusts, NHS Trusts, Universities that train healthcare professionals, private hospitals and Phase 1 Clinical Trials Units that are inspected by the MHRA. All centres must submit a completed registration form signed by an **Authorised Signatory** agreeing to comply with these regulations.
- 1.2 Centres wishing to run the course must have e-mail facilities.
- 1.3 Registration is on an annual basis only. The 12 month period runs from January to December.
- 1.4 Centres wishing to register should send their completed registration form to the Resuscitation Council (UK). An annual registration fee of **£500** must be received before the course material is dispatched.
- 1.5 In subsequent years the registration process and costs will be reviewed. Registered centres will be issued with a renewal registration form. No further reminders will be issued from the Council and failure to re-register will mean that any courses run after 31 December of the current year will not be Resuscitation Council (UK) accredited and no certificates will be issued.
- 1.6 Each centre must have a **Nominated Named Person** who will be the only contact name for that centre for administrative purposes. They do not have to be the Course Director for each course. If the nominated named person changes or their contact details change, the centre must notify the Resuscitation Council (UK).
- 1.7 No refunds will be issued.
- 1.8 Any profit made from the ILS course should be used only for purposes directly related to adult resuscitation.
- 1.9 All candidates must be provided with an ILS manual purchased from the Resuscitation Council (UK). After the course they must retain the manual for reference.

## 2. COURSE ORGANISATION

- 2.1 The ILS Course will run over one day and must adhere to the course programme (see Guidance Notes).
- 2.2 Course centres must have a current Resuscitation Council (UK) ALS instructor who can act as the Course Director and who is fully involved in the organisation and delivery of the course.
- 2.3 The Course Director must be present throughout the entire course.
- 2.4 The candidates must receive the course manual and assessment forms at least two weeks before the course.
- 2.5 Equipment must be available and be in sound working order.

## 3. FACULTY

- 3.1 The core faculty is the minimum number of faculty required to provide an instructor to candidate ratio of **1 instructor : 6 candidates**.
- 3.2 At least 50% of the core faculty must be current Resuscitation Council (UK) ALS or ILS instructors.
- 3.3 Remaining faculty must be ALS Instructor Candidates or current ALS providers.

Number of Candidates	Minimum number of core faculty required	Minimum number of ALS/ILS Instructors required
1 to 6	1	1 ALS
7 to 12	2	1 ALS
13 to 18	3	1 ALS + (1 ALS or 1 ILS)
19 to 24	4	1 ALS + (1 ALS or 1 ILS)
25 to 30	5	3 ALS + (2 ALS + 1 ILS) or (1 ALS +2 ILS)

- 3.4 The Course Director must be a current Resuscitation Council (UK) ALS Instructor and is responsible for checking that all ALS/ILS Instructor/ALS Provider certificates are valid.

## 4. CANDIDATES

- 4.1 The maximum number of candidates per course is **30**.
- 4.2 Please refer to Appendix 1 for suitability of candidates for the ILS course. If the candidate's background does not fall into any of the categories mentioned please contact the Resuscitation Council (UK) for clarification. Centres must keep adequate records of "other" categories for audit purposes.
- 4.3 Candidates **cannot** successfully complete the course unless they attend all the lectures and skills stations.

## 5. LECTURES / SKILL STATIONS / SCENARIOS

- 5.1 It is the responsibility of the Course Director to ensure that all lectures adhere to the philosophy and text of the manual.
- 5.2 All Skill Stations must be taught using the recognised 4-stage approach.
- 5.3 Training should be based on standardised scenarios.

## 6. ASSESSMENT

- 6.1 All assessors must be Resuscitation Council (UK) approved Instructors or Instructor Candidates.
- 6.2 Assessment is continuous and is guided by the assessment forms provided for each core skill, e.g. initial resuscitation and assessment, airway management
- 6.3 Copies of the assessment forms must be given to candidates with their manual two weeks before the course.
- 6.4 If a candidate has not met the recognised criteria, they should be given a copy of their assessment form(s) and offered remedial help. They should be re-assessed, ideally by a different instructor within a period of **one month**. The faculty may decide, if it is appropriate, to facilitate this on the same day as the course, however this should take place after the course programme has been completed.
- 6.5 It is not necessary to complete assessment forms for every individual, but it is strongly recommended for marginal candidates. Accurate written records must be maintained by the Course Centre/Director.
- 6.6 Candidates who fail the course cannot appeal through the Resuscitation Council (UK) but should raise any queries with the Course Director who must resolve the issue locally.
- 6.7 Exceptionally able candidates may be nominated for ILS instructor training by the faculty (see section 8).

## 7. CERTIFICATES

- 7.1 Candidates who successfully complete the course will receive a Resuscitation Council (UK) ILS certificate. This is not a certificate of competency.
- 7.2 Course results must be submitted to the Resuscitation Council (UK) using the online course returns form. **Course results must not be submitted to the Council until all reassessments have been completed.** The Nominated Named Person will be issued with the appropriate number of certificates only on receipt of the appropriately completed online course results form.
- 7.3 The Course Director must complete and sign the certificates before forwarding them to the candidates.
- 7.4 The certificate is valid for one year.
- 7.5 Replacement certificates will be issued only on request by the centre's Nominated Named Person at a charge of £10.00 each.
- 7.6 If a candidate **fails** to meet the recognised standard within one month they should receive a letter of attendance from the Course Director.
- 7.7 Candidates who have failed an ALS course must attend and pass the ILS course if they want an ILS certificate.

## **8. ILS INSTRUCTOR TRAINING**

- 8.1 A limited number of places is available on the ILS Instructor course for outstanding ILS candidates who demonstrate an exceptional aptitude for teaching.
- 8.2 Selection of candidates must follow the strict criteria set out in the 'Selection of ILS Instructors' document. It is anticipated that candidates will rarely meet the selection criteria. Candidates must attend the ILS instructor course within 12 months of being nominated.
- 8.3 If a candidate demonstrates exceptional abilities on the ILS provider course and the faculty consider the candidate is suitable for instructor training, the ILS Course Director must complete the 'Selection of ILS Instructors' form.
- 8.4 The ILS Course Director should contact the Course Director at the appropriate ILS Instructor Course Centre by sending the 'Selection of ILS Instructors' form and requesting a place for their candidate. Details of centres running the ILSi Course can be obtained from the ILS Co-ordinator at the RC(UK) (ILSadmin@resus.org.uk).
- 8.5 Recommended candidates should not contact the ILSi centres themselves; the placement should be agreed at Course Director level.
- 8.6 ILS centres that run the ILS instructor course select candidates for their own courses. They must be prepared to accept external candidates from other ILS centres in their locality that do not run the ILS instructor course.

## ILS Course Regulations - Appendix 1

**The ILS course is appropriate for the following categories of candidates:**

- ❑ Doctors – Hospital
- ❑ Doctors – Community
- ❑ Medical students
- ❑ Nurses – Hospital
- ❑ Nurses – Community
- ❑ Nursing students
- ❑ Midwives
- ❑ ODPs
- ❑ Cardiac Technicians
- ❑ Occupational Therapists
- ❑ Physiotherapists
- ❑ Radiographers
- ❑ Resuscitation Training Officers
- ❑ Dentists
- ❑ Dental Nurses
- ❑ Ambulance Technicians / Paramedics

- *Fire Service Technicians*

- *Police Officers*

- *Prison Officers*

- *Air Stewards*

- *Other*

*(The ILS course will only rarely be appropriate for people from these professions)*