



Resuscitation Council (UK)

Revalidation and Continuing Professional Development for Nurses and Midwives

1. In November 2015, the Nursing and Midwifery Council introduced a triennial revalidation process to encourage registrants to stay up-to-date in their professional practice by developing new skills and understanding the changing needs of the public and fellow healthcare professionals (<http://revalidation.nmc.org.uk/>).
2. The following are courses and events administered by the Resuscitation Council (UK):
 - Advanced Life Support (ALS) and recertification courses
 - European Paediatric Advanced Life Support (EPALS) course
 - Immediate Life Support (ILS) and recertification courses
 - Paediatric Immediate Life Support (PILS) and recertification courses
 - Newborn Life Support (NLS) course
 - Advanced Resuscitation of the Newborn Infant (ARNI) course
 - Generic Instructor course (GIC)
 - Focused Echocardiography in Emergency Life support (FEEL) course
 - Scientific Symposia
 - Instructor Days.
3. Revalidation requirements identify that registrants must evidence 35 hours of engagement with Continuing Professional Development (CPD), 20 of those hours must be participatory (<http://revalidation.nmc.org.uk/what-you-need-to-do/continuing-professional-development/>).
4. CPD hours can be obtained for both attending and teaching on Resuscitation Council (UK) courses.
5. Individuals are advised to record the participatory attendance hours, as identified in the table below and as noted in the template course programmes.

Developments in the delivery of online education have resulted in the provision courses whereby some of the face-to-face teaching is delivered via an online portal. In this incidence, registrants should record the recommended engagement time as listed in the table below and identified within the course introduction. *This does not include time spent reading the manual as this is considered outside required engagement and variable dependent on individual candidate.*

6. Evidence to support your CPD could include the course certificate, the results letter if supplied at the end of the course, a copy of the course programme (please ensure removal of any identifiable names of fellow students, instructors and administrators).
7. In accordance with the Nursing and Midwifery Council revalidation guidelines, CPD hours may be accumulated for teaching on courses. The Resuscitation Council (UK) suggests that instructors claim participatory hours accumulated whilst attending the face-to-face course. (It is recognised that the teaching takes many forms including didactic, mentorship, skills training and scenario and is not

constantly delivered by the individual during the course, however the hours also recognise preparatory time required for an instructor to ensure credible, high quality, and up-to-date instruction for candidates). The Resuscitation Council (UK) recommends that a course programme, anonymized feedback tools and a reflective account of the course/faculty meeting would be appropriate supporting evidence.

Course	Participatory attendance hours	Recommended, non-participatory, on-line learning hours
Advanced Life Support (ALS) (two day)	15 hours over 2 days	3 hours MCQ
e-ALS	7 hours 30 min	10 hours 30 min e-modules & MCQ
Advanced Life Support (ALS) recertification course	6 hours 30 min	10 hours 30 min e-modules & MCQ
European Paediatric Support (EPALS) course	15 hours over 2 days	45 min MCQ
Immediate Life Support (ILS) course	7 hours	
Immediate Life Support (ILS) Recertification course	3 hours 30 min	
Paediatric Immediate Life Support (PILS) course	7 hours	
Paediatric Immediate Life Support (PILS) Recertification course	3 hours 30 min	
Newborn Life Support (NLS) course	9 hours	1 hour MCQ
Advanced Resuscitation of the Newborn Infant (ARNI) course	15 hours	
Generic Instructor course (GIC)	15 hours over 2 days	8 hours
Focused Echocardiography in Emergency Life support (FEEL) course	8 hours 15 min	