Dear RC (UK) members, supporters, instructors and friends,

I am honoured to be taking up the post of President of the Council from Dr Carl Gwinnutt, who stepped down last month. Carl has achieved a tremendous amount not just for the Council but for resuscitation generally, some of which is covered in our note of thanks to Carl, on behalf of all the Trustees.

I have been Vice President since June 2016, but for those who don't know me, I'm a neonatologist at The James Cook University Hospital in Middlesbrough. I have been active in paediatric and neonatal resuscitation research and training for many years and remain passionate about both. I was one of the original group who first developed the Newborn Life Support (NLS) course for the RC (UK) and subsequently the Advanced Resuscitation of the Newborn (ARNI) course.

This is a time of significant change and exciting opportunities for the Council, as we look to build on our strong reputation and expertise in order to make an even bigger impact, and ultimately improve resuscitation interventions and outcomes for all age groups.

Saving lives through appropriate, effective resuscitation lies at the heart of everything we do, and it underpins our new Strategic Plan, as outlined by our CEO below.

I think there are a few particular points which should inform our work and efforts over the next few years:

- What defines us and sets us apart is our expertise and the quality of our instructors and courses. We need to be the go-to organisation for policy and decision-makers at all levels for resuscitation related matters. We also need to attract as members all who want to improve resuscitation teaching and practice in the UK.
- Our education, training and instructors must be as effective and far-reaching as possible. The RC (UK) and its instructors need to be recognised as setting the gold standard in resuscitation training locally and nationally.
- We need to engage and work in partnership with a broad range of organisations, leading where it makes sense to do so. What we are doing in areas such as ReSPECT and Lifesaver have great potential for health and care generally, and we must reach out beyond the present resuscitation community.
- We must be strategic, which means focusing our energies on those areas which will have the biggest impact, and in which we are best placed to deliver, whilst maintaining the valuable work already occurring. It also means taking a big-picture of view of what we are trying to achieve, build our organisation, and be better at measuring and communicating our impact against key targets.

We have set some ambitious goals for ourselves, but we have never been better placed to achieve them, and I'm sure that the next few years will bring very significant and very exciting developments for all of us. I feel very confident that we are moving in the right direction as an organisation, and although the external environment is challenging in many respects, especially financial, I know that we can make very big strides for resuscitation training and outcomes. In some areas we can be trailblazers for the rest of the NHS.

I'm very much looking forward to working with all members of our Executive Committee, subcommittees, staff and partner organisations and supporters to make this happen. Together, we will.

Dr Jonathan Wyllie
President
Update from the CEO

As we prepare to bring 2017 to a close and welcome in the New Year, the Resuscitation Council (UK) can look back at a very eventful year, with many highlights.

This year has been another successful year for candidates on our courses. Whilst 2016 was a bumper year being post-new guidelines, the registration figures continue to look healthy and the feedback we receive from candidates remains positive. We have made a number of changes to the course materials through the year and we continue to be proactive in this area. Changes have been made to the LMS including changes to the candidate evaluation, which in time will provide rich data for quality assurance purposes. As we move into 2018 we will be looking to continue this work and also to review our courses to make changes to format and content.

Since launching ReSPECT in February, we have seen a large number of sites either choose to begin implementing ReSPECT locally or join our Implementation Network. We are about to launch an online interactive hub for this fast-growing community, and we are planning a national meeting and workshop in Spring 2018. This is a truly ground-breaking project which will not only improve outcomes in resuscitation but ultimately, we hope, change the way that all emergency care is planned and delivered, to be much more joined-up and person-centred.

In September we launched our new Strategic Plan, Resus 2020, which sets out an ambitious but well-founded course for the RC (UK) over the next 2.5 years, to April 2020. Central to this is the recognition that while we must preserve and enhance both our educational work and our expertise in all things resuscitation, we must be much more visible and proactive in both influencing policy and practice, and tackling cardiac arrest where there is the greatest unmet need: in the community.

Lifesaver is one way in which we are already engaging with a very broad audience. This year we launched “Lifesaver Second Edition” and “Lifesaver VR”, to great acclaim – so much so that Lifesaver VR was shortlisted for a Children’s BAFTA. While we unfortunately didn’t win, getting recognised in this way is a big accolade in itself. You’ll be hearing much more about Lifesaver in the months to come.

October saw our most successful Restart a Heart Day ever, to the extent that next year it is going global – and our own Dr Andrew Lockey will be co-leading plans for World Restart a Heart Day. There is more to say about this milestone event in our calendar than I can fit in my update; please see below for a full overview.

Our public affairs work is now an integral part of what we do. We’ve greatly improved and increased our communications, particularly on social media, where we are now reaching over 400,000 people per month. We’ve also recruited a new Policy Officer, Rachel Warren, who will help us take our policy and influencing to the next level.

Finally, our Scientific Symposium on 17 November was an energising, stimulating and thoroughly successful event, with a great range of speakers presenting on a very wide range of cutting edge topics, lots of attendees, lots of really interesting exhibitor stands, and a really buzzing atmosphere. We had lots of great feedback, which we will of course use to inform future events. Thank you to all those who came, and who helped make it such a successful and memorable event.

If that was the year that was, we can also look forward to a very exciting year ahead - but I’ll leave that for next time.

In the meantime, a very Happy Christmas and New Year to all!

All the best,

Federico Moscogiuri
Chief Executive Officer
This year’s Restart a Heart day was a true record-breaker! Charities, Ambulance Services, private training providers and volunteers all over the UK joined together to train 195,000 young people in life-saving CPR!

Read all about what the RC (UK) got up to >
This year’s Restart a Heart day saw cardiac arrest survivor and ex-France international footballer David Ginola attend a Restart a Heart day event at Norbury Manor Business and Enterprise College for Girls. Here he is with the lifesavers of the future!

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**Scientific Symposium 2017 wrap up**

This year’s #RCUKSymp17 saw delegates from all over the country come together for informative talks, networking, and a chance to get hands on with new technology!

Read about what we got up to in Birmingham >
ReSPECT update

Since launching our Implementation Network earlier this year, we have had numerous expressions of interest in adopting ReSPECT across the country. We currently have four areas which are currently implementing ReSPECT across secondary and primary care, with three more using ReSPECT in more specific locations and nine more planning to launch at various points in 2018.

At the time of writing, our new online community hub is being built and we will be testing this out in due course. Sites which have requested an implementation pack and returned a signed Implementation Requirements document will be able to start using this from early 2018.

We are also planning a national conference and workshops for Spring 2018. While we wish to encourage broad participation, numbers are limited and we will prioritise those who are either already implementing or considering implementing ReSPECT. If that’s you, but you haven’t been in touch with us yet, please do so: http://www.respectprocess.org.uk/implement.

Work is also progressing on the digital side of things, with a fillable PDF of the ReSPECT form expected to be available in January 2018, as a first step towards what remains our overall goal, which is to develop a fully integrated online system. If you would like more detail about our workplan for digitising ReSPECT please get in touch to request our digital update paper http://www.respectprocess.org.uk/contact.

Please also have a look at our educational app for health professionals and members of the public, if you have not yet done so: http://www.respectprocess.org.uk/learning.
Thank you to Carl

Dr Carl Gwinnutt has stood down as President after two highly successful years at the helm of the Resuscitation Council (UK). His time as President has seen a period of great change for the Council. He has expertly steered the organisation through a change to Charitable Incorporated Organisation status as well as leading on the appointment of our first Chief Executive Officer.

However, his involvement with the Council and resuscitation training spans many years. Carl was a Founder member of the Advanced Life Support Group (ALSG) in 1990, and helped to develop their ACLS course. He became a Trustee of ALSG in 1992 and held that role until 2008.

In 1994, Carl was invited to become first Chair of the RC (UK) ALS Course Subcommittee, with the objective of unifying the ALSG ACLS and the RC (UK) ALS courses. He took the lead in the development of the unified course material first used in early 1997. In parallel, Carl established an ALS program in Portugal in 1997. He handed over the Chair of the ALS Subcommittee to Jerry Nolan in 1998 but has remained a committee member until 2017. Carl has contributed as author and editor to all subsequent the ALS manuals, and also made significant contributions to the development of the e-ALS course.

In addition to his input to the development of ALS, Carl is also a member of the NCAA steering committee. He has also been an active member of the Community Resuscitation Steering Group and has represented the Council on the ERC General Assembly.

Carl has a broad publication portfolio relevant to resuscitation including over 50 peer reviewed papers, over 30 book chapters, and the authorship of many medical textbooks. He has also contributed significantly to trauma resuscitation training through ATLS and also as the co-developer of the European Trauma Course (ETC) in 2006.

Carl is now retired from clinical practice but continues to be heavily involved in local community training schemes for BLS, supporting the Rotarians in his local area where in excess of 1000 people have been trained. He has also worked with his local newspaper to map over sixty local AEDs and the paper now has a fixed QR code showing their availability and location.

We are grateful that Carl will continue to contribute his expertise to the Research Subcommittee as well as completing his elected membership of the Resuscitation Council (UK) Executive Committee.

Resuscitation in Practice

This month we’re looking at the work of Lisa Price, the Clinical Lead for Resuscitation at Aintree Hospital.

See what Lisa gets up to in her role here >

Spotlight on

This month we’re turning our spotlight onto the work done by the Virtual Doctors, who bring medical assistance to Africa using digital technology.

Find out how our iResus app is changing lives in Africa >
RC (UK) LMS - LMS news

Full Instructors can now view their teaching history and download their Instructor certificates from the LMS. These additional tabs are found under Course details on their profile page:

- Course details
  - Courses
  - Course certificate(s)
  - Instructor qualification(s)
  - Course role(s)
  - Teaching history

If these tabs are missing or you cannot download your Instructor certificate, email LMS@resus.org.uk.

RC (UK) LMS - Tip of the month

A small number of candidates may experience problems opening their modules or receive the following error message:

This is normally due to a slow internet connection. If you click ‘OK’ until the message disappears you should be able to continue with your online studies.

Solutions to the most commonly occurring issues with the LMS can be found in the FAQs:

• If your problem is still not resolved after following the FAQs guidance, submit a technical support request.
• For course related and/or instructor status enquiries, email lms@resus.org.uk.

Thank you for your interest in the Resuscitation Council (UK). Look out for our next newsletter in 2018 or get in touch using the information below.