



e-Immediate Life Support course

Core Programme

08:50	10 minutes	Registration Faculty Meeting
09:00	5 minutes	Introduction
09:05	40 minutes	Skill Station 1: Airway and breathing
09:45	45 minutes	Skill Station 2: The ABCDE approach
10:30	15 minutes	Refreshment break
10:45	10 minutes	Demo CAS Demo (video/faculty)
10:55	60 minutes	Skill Station 3: Initial resuscitation and defibrillation
11:55	60 minutes	Skill Station 4: CASTeach
12:55	10 minutes	Summary and debrief
13:05	4 Hours 15 minutes	Total time excluding refreshment break & lunch

Targeted training

Targeted training can be added to the programme as required by the course centre.

Course centres should use this session to address specific needs of the candidates and their places of work.

Suggested topics that can be covered include:

- Recording patient observations and National Early Warning Scores (NEWS2)
- Anaphylaxis
- Pregnancy
- Care of the patient with tracheostomy or laryngectomy
- 'Do Not Attempt Cardiopulmonary Resuscitation' orders
- Audit
- Equipment
- Drugs
- Further skills training and simulations

Instructors should refer to the Advanced Life Support course manual for further information on these topics.