Paediatric Choking

Assess severity

Ineffective cough

Unconscious
- Open airway
- 5 breaths
- Start CPR

Conscious
- 5 back blows
- 5 thrusts
  (chest for infant)
  (abdominal for child > 1 year)

Effective cough

Encourage cough
- Continue to check for deterioration to ineffective cough or until obstruction relieved