



Immediate Life Support course Core Programme

Registration Faculty Meeting	15 minutes
Introduction	5 minutes
Lecture: Causes and prevention of cardiorespiratory arrest	30 minutes
Skill Station 1: The ABCDE approach	45 minutes
Refreshment break	
Demo/Lecture CAS Demo ALS Algorithm	45 minutes
Skill Station 2: Initial resuscitation and defibrillation	90 minutes
Lunch	
Skill Station 3: Airway and breathing	40 minutes
Targeted Training	40 minutes
Skill Station 4: CASTeach	90 minutes
Summary and debrief	10 minutes
Total time excluding refreshment break & lunch	6 hours 50 minutes

Targeted training

Course centres should use this session to address specific needs of the candidates and their places of work.

Suggested topics that can be covered include:

- Recording patient observations and early warning scores
- Anaphylaxis
- Pregnancy
- Care of the patient with tracheostomy or laryngectomy
- 'Do not attempt resuscitation' orders
- Audit
- Equipment
- Drugs
- Further skills training and simulations

Instructors should refer to the Advanced Life Support course manual for further information on these topics.