

Paediatric Immediate Life Support Course Core Programme

	Minimum timings
Registration Faculty Meeting (if appropriate)	
Introduction	5 minutes
Lecture: Recognition and initial management of the seriously ill child	35 minutes
Demonstration: Initial ABCDE assessment and interventions	20 minutes
Practice stations: ABCDE approach	30 minutes
Skill Station 1: Airway management and ventilation	40 minutes
Refreshment break	
Skill Station 2: BLS and choking	30 minutes
Skill Station 3: BLS with adjuncts	30 minutes
Skill Station 4: Emergency circulatory access, fluid administration and medications	20 minutes
Lunch break	
Workshop: Paediatric ALS algorithm and management of cardiorespiratory arrest	45 minutes
Simulation practices (1 per candidate)	90 minutes
Faculty meeting (if appropriate) Summary & debrief	10 minutes

Total time excluding breaks: 5 hours 55 minutes

The timings are based on a course with a ratio of 6 candidates to 1 instructor. Timings may be reduced accordingly if the candidate to instructor ratio is < 6:1.

Optional targeted training

Course centres can opt to include additional sessions to address specific needs of the candidates and their places of work. However, these should be incorporated in to the programme **after the core sessions have all been covered** (i.e. just before the faculty meeting).

Suggested topics that can be covered include:

- ECG interpretation and cardiac rhythm analysis
- Defibrillation and cardioversion practice
- Resuscitation of the child with a tracheostomy

Instructors should refer to the European Paediatric Life Support course manual for further information on these topics.