# Resuscitation Council UK

### Resuscitation Council UK (RCUK) has been helping to underpin clinical excellence and patient safety for over four decades.

We develop resuscitation guidelines, influence policy, deliver courses and support cutting-edge research.

We provided immediate and tailored support during the COVID-19 pandemic, which included developing guidelines to keep staff and patients safe and making e-lifesaver available for free for non-clinical staff during the pandemic.

# We will work with your Trust to ensure resuscitation courses resume as quickly and safely as possible.

## RCUK courses save lives: benefitting patients and the NHS

The skills of RCUK course candidates and Instructors benefit their patients and their hospitals. Our experienced Instructors equip NHS staff with essential resuscitation skills, thereby promoting safe and effective patient care across the UK.

Advanced Life Support courses have a positive impact upon return of spontaneous circulation and survival to hospital discharge. Additionally, utilising Advanced Life Support (ALS) course training has shown to have a positive effect upon survival to 30 days of adult cardiac arrest patients.

#### **RCUK courses support NHS policy initiatives**

NHS staff attending and instructing on RCUK courses can contribute to many important policy goals for the future of the healthcare workforce.

### RCUK courses are quality assured and based on NICE accredited Guidelines

As the national experts in resuscitation and defibrillation, RCUK writes the UK-wide Guidelines and Quality Standards which influence resuscitation policy and practice. RCUK courses are quality assured to these rigorous and consistent standards.

#### **RCUK courses meet curriculum requirements**

RCUK courses underpin the core curriculum for medical education: medical students must complete an Immediate Life Support (ILS) course before they qualify. Likewise, newly qualified doctors must complete an Advanced Life Support (ALS) before the completion of their Foundation Year programme.

#### RCUK courses are 'passportable' across Europe

A unique benefit of RCUK courses over local or 'equivalent' training, is that RCUK course certificates are transferable and universally recognised throughout the UK and Europe.

### RCUK courses contribute to Continuing Professional Development (CPD)

The accrediting Royal Colleges give CPD points to doctors who attend or teach on RCUK courses. Nurses, midwives, paramedics, dentists and operating department practitioners can gain CPD accredited hours for attending or teaching on RCUK courses.

### For more information, please visit resus.org.uk.