

Clinical Lead - Survivors

Candidate Pack & Job Profile

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Hello and welcome

Professor Jonathan Wyllie
President, Resuscitation Council UK



A handwritten signature in blue ink, appearing to read 'J. Wyllie'.



A handwritten signature in blue ink, appearing to read 'James Cant'.

Dr James Cant
CEO, Resuscitation Council UK

Cardiac Arrest is a major cause of death in all developed western countries. Looking at the UK figures for both in and out-of-hospital cardiac arrests, we see the following:

- There are about 30,000 cardiac arrests a year outside of hospital where emergency medical services attempt to resuscitate the person who has collapsed and stopped breathing normally. However, the survival rate is dismal – fewer than one in ten people survive to be discharged from hospital.
- In 2019/20 over 12,500 patients had a cardiac arrest while they were in hospital, equating to around 1 in every 1000 hospital admissions. The survival to discharge home rate for this group is around 24%.

Cardiac Arrest can happen anywhere to anyone. Although the chances of survival are greater when it happens in hospital rather than out, there's been no significant improvement for many years, particularly in the out-of-hospital setting. Some patients also receive cardiopulmonary resuscitation (CPR) when they shouldn't - either because it's against their wishes or when there would be no benefit to the patient and could cause more harm.

What are we doing about all this?

We want to improve people's chance of survival from a cardiac arrest wherever they are – whether that's in a hospital bed, at home or walking in the park. And we want to ensure that CPR is only attempted when appropriate. Our training courses and scientific evidence-based guidelines are designed to help not just all types of healthcare professional, but members of the public too. Because everyone should have the skills to try to save a life.

Why join us?

You would be joining us at an exciting time for the organisation. In May 2021, we published the RCUK Guidelines 2021. These are up-to-date, expert-written, revised guidelines for best practice and clinical excellence in resuscitation. They will give people their best chance of successful outcomes from cardiac arrest or improve patient and family experience in conversations, decisions and planning for end-of-life care. Over the coming months, we will be launching our updated resuscitation courses to reflect the updated guidance, bringing high-quality resuscitation training to over 150,000 candidates each year.

Hello and welcome

It's a really exciting time for Resuscitation Council UK. We've recently published Guidelines 2021 and we have set out our exciting vision to 2030 which will help us to save even more lives through resuscitation.

Our vision

We have also defined our vision to take us to 2030. By 2030:

- Everyone should receive appropriate cardiopulmonary resuscitation (CPR) treatment in clinical and care settings, underpinned by the comprehensive availability of appropriate clinical guidance, training and life-long learning.
- Survival rates for cardiac arrests should match world-leading comparators.
- Everyone affected by involvement in a cardiac arrest and the provision of resuscitation receives appropriate, personalised support.
- Resuscitation has become a mechanism to reduce social inequalities, not another measure of them.

Being insight driven, inclusive and diverse in everything we do, is vital to our work moving forward.

We hope you will want to be part of this exciting new chapter for the organisation and our cause. Join RCUK and challenge us and all people working in the field of resuscitation to close the gap with the global leaders in survival, ensure the entire Chain of Survival operates consistently at world-class levels and ensure that cardiac arrest survival is no longer another area of health inequality.

Our people

What makes RCUK special is its people and our access to some of the world's leading experts in the field of resuscitation.

As well as a dedicated in-house team, we're also lucky to have an amazing UK-wide army of volunteer instructors who are crucial to our ability to save lives through resuscitation. Working tirelessly to educate and train others, they are the bedrock on which we build our ambitions for the future.

We have a bold vision, and the determination, expertise, and ability to save more lives.

We invite you to join us.

Our aim



Saving lives underpins everything we do.

Sudden death from a cardiac arrest is one of the leading causes of death in the UK and it can strike anyone, at any time, anywhere.

To combat this, we're educating the public and healthcare professionals in all aspects of cardiopulmonary resuscitation (CPR).

ⁱ Out-of-Hospital Cardiac Arrest Overview – England 2019, https://warwick.ac.uk/fac/sci/med/research/ctu/trials/ohcao/publications/epidemiologyreports/ohcao_epidemiology_report_2019_-_england.pdf

ⁱⁱ Based on key statistics from the national in-hospital cardiac arrest audit (NCAA) for 2019/20. (175 participating hospitals). These incidents are defined as any resuscitation event commencing in hospital where an individual receives chest compression(s) and/or defibrillation and is attended by the hospital-based resuscitation team (or equivalent) in response to a 2222 call.

- We believe that effective and appropriate CPR and defibrillation saves lives.
- We believe that survival rates from out-of-hospital Sudden Cardiac Arrest in the UK must improve urgently.
- We believe that everybody in society should learn basic lifesaving skills to aid the chain of survival.
- We believe that scientific research is key to advancing resuscitation practice and improving outcomes.
- We believe that, whenever possible, people should be able to choose whether or not they want to be resuscitated.

Our people are our strength

Our members and volunteer Instructors include doctors, nurses, resuscitation officers, paramedics, other healthcare professionals and non-clinical members of the public.

They are experts in a wide range of clinical settings including primary care (general practice), ambulance services, emergency and acute hospital medicine, intensive care and anaesthesia, cardiology, and end-of-life care.



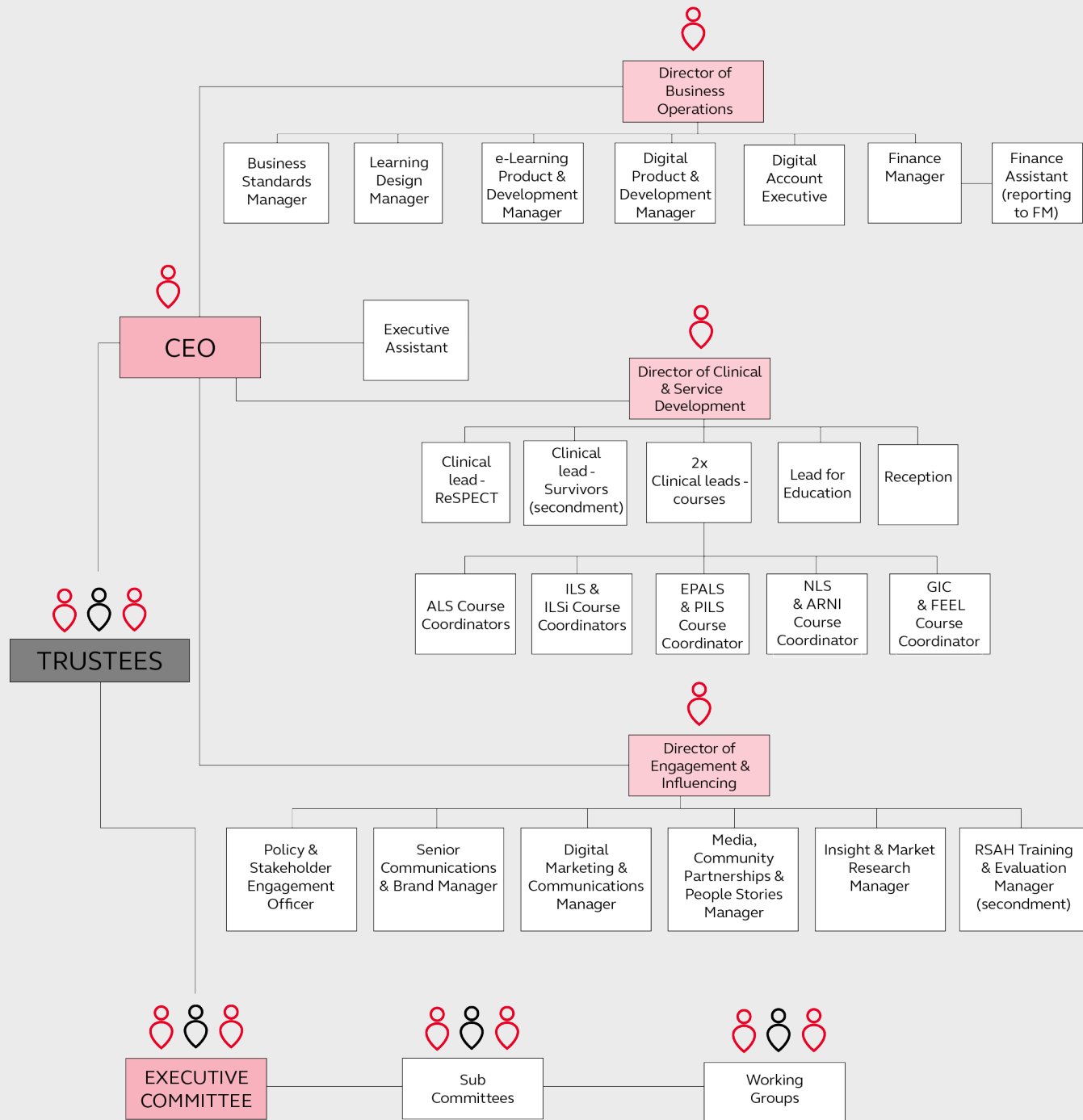
Who we are

RCUK is led by our Chief Executive Officer and senior management team on behalf of the Trustees, by whom we're governed.

Our seven Trustees include the President, Vice-President, Honorary Treasurer and Honorary Secretary. The CEO and the Board of Trustees are advised by a 25-person Executive Committee, 12 of whom are elected from, and by, RCUK Full members.

Members of our Subcommittees and Executive Committee are part of the national and international community of resuscitation practice. Experts are involved in national groups and organisations such as the Out-of-Hospital Cardiac Arrest Expert Advisory Group (NHS England and Improvement), National Cardiac Arrest Audit (NCAA), and National Confidential Enquiry into Patient Outcome and Death (NCEPOD).

Many of these experts are influential not only in Europe as Members or Chairs of committees within the European Resuscitation Council (ERC), but also within the International Liaison Committee on Resuscitation (ILCOR) community.



What we do

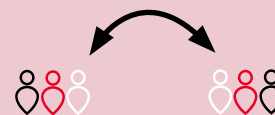
The more people we educate, the more people will survive cardiac arrests in the future.

In 2019/20, our volunteer instructors trained over 158,000 healthcare professionals, including doctors, nurses, paramedics and other allied healthcare professionals.



We create guidelines

Based on the best available evidence, we create NICE accredited guidelines for healthcare professionals, health service managers, patients, their families and carers, and members of the public involved in resuscitation. With the latest editions published in May 2021, these are tailored specifically to clinical practice in the UK. They are a crucial part of the toolkit our volunteers use to arm people with the necessary skills to resuscitate.



Working in partnership to effect change

We enjoy an enviable position as the acknowledged expert organisation in the field of resuscitation. We also work closely with charities and other professional organisations including the Royal Colleges to develop Quality Standards for CPR Practice and Training and to ensure their continued provision and delivery as part of statutory training and professional development. We ensure that resuscitation continues to be seen as a priority area for decision-makers in government, the NHS and the wider stakeholder community. We understand that significant improvements in survival will only be achieved by strategic, system-wide developments. That's why we've played an active role in multi-partner campaigns to ensure that school students receive CPR training and that defibrillators are properly mapped. We're proud of our role coordinating Restart a Heart and we are delighted to partner with a number of community-led organisations that can help us reach diverse communities and address the health inequalities that exist around cardiac arrests.



We provide training and training materials

We're respected nationally and internationally for our high quality, evidence-based resuscitation training and training materials. Our courses in adult, paediatric and newborn resuscitation are developed by a number of subcommittees, comprising healthcare professionals and educators representative of the core subject group, and they're delivered by a network of over 15,000 trained Instructors.

What we do continued...



We've developed products that help save lives

Designed to support healthcare professionals, iResus is a free app which enables users to access the latest resuscitation algorithms. We've also developed our Lifesaver portfolio, which allows viewers to step into an emergency situation and learn the crucial skills needed to save a life. Whether you want to offer CPR and choking training to your employees or students, or want to learn yourself, we have an engaging way for you to learn what to do.



Restart a Heart Day

We lead the Restart a Heart campaign, a national collaborative, with the British Heart Foundation, St John Ambulance, British Red Cross and Association of Ambulance Chief Executives. This annual campaign aims to teach vital life-saving cardiopulmonary resuscitation (CPR) skills to as many people as possible.

In 2020/21, iResus had over 45,000 downloads.

And since spring 2013, an estimated 2 million people have accessed Lifesaver across all platforms.

The 2019 Restart a Heart Campaign was record-breaking, with over 291,600 people learning life-saving CPR skills. The social media element of the campaign saw a combined reach and impressions of over 135 million.

What we do continued...



Scientific research and financial support

We promote research into all aspects of the science, practice and teaching of resuscitation techniques, and provide financial support for suitable projects through our £150,000 annual research fund.



ReSPECT

We're leading the development and UK-wide implementation of ReSPECT, the Recommended Summary Plan for Emergency Care and Treatment, designed to be applicable to all patients in all care settings. ReSPECT encourages an informed and open discussion between patients and health professionals where the preferences and personal wishes of the patient are truly reflected upon.

Research study topics funded over the last few years include AEDs within urban and rural areas, the development of human models for resuscitation chest compressions, the experiences of paramedics taking part in large randomised airway trials and developing a quality of life instrument for survivors.

Since ReSPECT's national launch in 2017, we have seen a huge uptake across the UK's health and social care system. It's now used in around 75% of counties in England, in some areas of Scotland and is recognised in all areas of the UK.

What our staff say



In all of my long years of experience I have never worked in such a collaborative and inclusive environment where teams and individuals work so well together led by a strong senior management team and a CEO whose (virtual) door is always open.



**Suzanne/
Executive Assistant**

I joined RCUK during the pandemic and all the RCUK team has made me feel really welcome despite us never having met in person. As the organisation is small in size, there's a nice culture of collaboration between teams.



**Andi/
Director of Engagement
and Influencing**

I love working in organisation whose foundation is built on clinical evidence and excellence in practice but at its heart is care. I am part of a cohesive and dynamic team who, irrespective of their role with the organisation, are all committed to the idea that everyone should have the skills needed to save a life. It is not just an aspiration but a tangible goal that we are all striving to deliver.



**Isabelle/
Clinical Lead: Courses**

What we're looking for

Let us tell you more about the opportunity to work with us...

Job title |

Clinical Lead - Survivors

Location |

Home and/or office based
(Resuscitation Council UK,
Tavistock House, London. WC1H)

Reports to |

Director of Clinical and
Service Development

Salary range |

NHS band 6-7 depending on
experience or c - £45k WTE.
Secondment at your current salary.

Contract |

Part-time contracted or seconded
role for 12/18 months

Hours |

15 hours per week (0.4 WTE)

Clinical Lead - Survivors | Job Description

Background

Resuscitation Council UK is saving lives by developing guidelines, influencing policy, delivering courses and supporting cutting-edge research. Through education, training, and research, we're working towards the day when everyone in the country has the skills, they need to save a life. We are the UK experts in clinical guidelines, standards, and education for resuscitation practice for those working in healthcare and in the public space.

Our strategy is to ensure added value by combining clinical expertise and lived experiences across each link to improve resuscitation outcomes within the UK. This role holder will need to focus particular attention on improving the care offered to survivors and their families following hospital discharge. There is a duty to ensure those who have survived a cardiac arrest return to a quality of life that enables individuals to maintain choice and independence where possible.

What we know –

- Those who have had a cardiac arrest do not receive equitable levels of assessment and rehabilitation. The support they receive often depends upon the services provided in their region. We need to work towards ensuring equitable opportunity and access to rehabilitation services across all regions and nations. Many fall outside of the remit of their local services.
- RCUK recognises that there is a pressing need in this area and is therefore keen to put more focus on the services and support survivors and their families receive. We also understand the importance of engaging with key stakeholders across the UK nations and with Sudden Cardiac Arrest UK in this work.
- Key drivers to take forward the rehabilitation provision project include the NHS Long term plan, along with cardiac arrest strategies for England, Scotland, and Wales, as each includes the need to plan the rehabilitation provision for cardiac arrest survivors.
- RCUK guidelines 2021 include the requirement for assessment prior to discharge and review within three months following discharge.

What we're looking for

We always seek to balance business needs with a flexible approach to working styles and preferences. Work can be undertaken at home and/or in the office (Tavistock House, London), at the successful applicant's choice. Some travel to the office or other locations will be required as part of the role, but reasonable adjustments, such as enabling the postholder's participation through digital technology, will be made for the successful applicant where this is required. If you would like to make an Access to Work application for a grant to pay for support tailored to your individual needs, such as a support worker, adaptations to the equipment you use, special equipment, taxi fares to and from work if public transport is not accessible to you, we will support you in this process.

Clinical Lead - Survivors | Job Description

By developing this workstream and appointing this role initially as a part-time contracted or seconded post, RCUK will progress a long-standing commitment to survivors.

This work will improve care for this group and their families and in turn strengthen the Chain of Survival. RCUK has the opportunity to consolidate its position as the accepted expert and leader within the development of clinical excellence for the improvement of outcomes from cardiac arrest and to work across the four nations to embed practice, and plan and implement a programme of change.

Diversity, inclusion and working with people with lived experience are important elements of our work and we recognise the need for us as an organisation to keep improving in these areas. Our membership of the Inequalities in Health Alliance and National Voices are important to us. We are committed to continual improvement and encourage colleagues to keep learning and developing, to identify gaps in our knowledge, and to access events and webinars that help us to increase our knowledge and experience, particularly in the areas of equality, diversity and inclusion.

Who we're looking for

This post will be ideally suited either to a registered healthcare professional with a background in rehabilitation, cardiac rehabilitation or another related speciality or to an experienced healthcare manager with experience of developing healthcare services. You may already have an expert knowledge of the services offered to those who have had a cardiac arrest or the skills to develop that understanding quickly.

- You will possess a strong network of contacts and be seen as a leading expert in their field.
- You can provide expertise within the field of rehabilitation, particularly in the setting up of rehabilitation schemes, formation of networks and developing systems of evaluation for this group.
- You have, or will quickly develop, expert knowledge of the care and treatment required by those that have had a cardiac arrest in order to influence future care pathways for this group.
- You have excellent project planning skills, communication skills and be self-motivated to achieve their goals.

What we're looking for

Clinical Lead - Survivors | Job Description

The post

This post is initially a part time role for 12/18 months. It is envisaged that the work carried out will lead to the establishment of a permanent role within RCUK (but with an updated role description and potentially increased hours).

The post will provide a key role within RCUK to take forward the commitment to improved outcomes from out of hospital cardiac arrest and care for survivors and their families. The role will also consider cardiac arrest in hospital with no known origin. There will be a UK-wide focus to the work and may require some travel.

They will be a member of the Community and Ambulance Resuscitation Subcommittee (CARE) of the RCUK whose key outcomes are to improve survival and quality of life from out of hospital cardiac arrest.

The post will provide the opportunity to work with internal and external stakeholders to ensure delivery of key objectives, working with partners to ensure the right expertise is sought and included when developing schemes of work. They will continually review progress and assess the most effective future path for the programme. They will plan and progress internal co-creation with colleagues in Engagement and Influencing in terms of lived experience and policy research.

The post holder will have the opportunity to review the role and to participate in the development of the next phase of the workstream, including the potential to create a permanent role within RCUK to deliver the survivor project.

Key responsibilities

Responsibilities will be refined as the project commences and develops but initially require the postholder to:

- Work closely with the Director of Clinical and Service Development (DCSD) to plan the agenda and programme for follow-up following SCA.
- Work closely with DCSD to present the plan to the CARE Subcommittee.
- Work closely with Engagement and Influencing (E&I) to ensure insight, stakeholder information, communications are well-planned and executed.
- Work closely with E&I to ensure collaborative and collective working and to ensure the project encapsulates the principles of inclusivity and engagement with stakeholders, especially those who have experienced a cardiac arrest.

What we're looking for

Clinical Lead - Survivors | Job Description

- Establish a diverse network of stakeholders to share goals, themes, and ideas for change/improvement.
 - Deliver and analyse the planned review into current availability and content of support offered to survivors of cardiac arrest within the UK. Reporting of the results to the CARE Subcommittee and wider audience with recommendations for change.
 - Identify and engage stakeholders, internal and external, for the quality standard working group.
 - Undertake evidence gathering and collation around cardiac arrest survivors and the care they receive.
 - Present a project plan for the development of the quality standard and then to execute the plan, supported by DCSD and CARE Subcommittee. Reporting progress to the CARE Subcommittee as appropriate.
 - Liaise closely with E&I to ensure messaging to all stakeholders is well-planned and delivered.
- Look for and develop opportunities to ensure those who survive a cardiac arrest and their families are given expert care and treatment throughout their care pathway.
- Input to the evaluation of the secondment and assist with the development of the future role within RCUK identifying key deliverables and objectives.
 - There may be an occasional need for weekend/evening working and time off in lieu is granted in line with our time off in lieu policy.



What we're looking for

Clinical Lead - Survivors | Person Specification

Person Specification

Skills and experience

- This role would suit either a current professionally - registered health care professional with experience of developing rehabilitation services or an experienced healthcare manager with experience of developing services.
- Ideally you will have experience within rehabilitation services either as a practitioner or service delivery at a local level including both physical and psycho-social rehabilitation.
- Experience in setting up networks and working with multiple partners (single sector or across sectors).
- Excellent communication and negotiation skills.
- Presentation skills to both internal and external partners.
- Experience as autonomous practitioner.
- Evidence of providing evidence-based care within the rehabilitation setting using best practice guidelines/principles to deliver programmes within local rehabilitation settings.
- Experience of working with multi-disciplinary teams.
- Experience of project work and project management.
- Implementation of policy change at local or regional level.
- Active roles in clinical pathway development and implementation.
- Recognition of the value of research and the integration of current or new evidence into practice.
- Ability to work independently but also as a good team member.
- Excellent IT skills, including use of the MS Microsoft Office suite, presentation skills.
- Familiarity with on-line conferencing media.

What we can do for you

We recognise the commitment and efforts our employees make to keep our organisation running smoothly and efficiently - so in return, we offer a wide range of staff benefits.

We always seek to balance business needs with a flexible approach to working styles and preferences.

We have a strong commitment to inclusion and diversity and will support Access to Work applications.

Holiday allowance

30 days' annual leave for the first six years, thereafter increasing to the maximum which is 33 days.

Personal Accident Cover

If, after the successful completion of the probationary period, you die during your period of employment as the result of an accident, personal accident insurance benefit based on three times your annual gross salary will be paid to your nominated trustee.

Private Medical Insurance

After three months of working with us you'll be invited to join the private healthcare scheme, currently administered by Aviva.

Pension Plan

A workplace pension scheme where we contribute 8% of your salary into the scheme. The scheme is activated after three months of employment.

Interest-Free loans

Permanent employees (after successful completion of their probation period) can apply for an interest free travel and / or tenancy deposit loan up to a total of £10,000. This is deducted from your monthly salary.

Life Insurance

If, after the successful completion of your probation, you die during your period of employment, life insurance consisting of three times your annual gross salary will be paid to your nominated trustee as a tax-free lump sum.

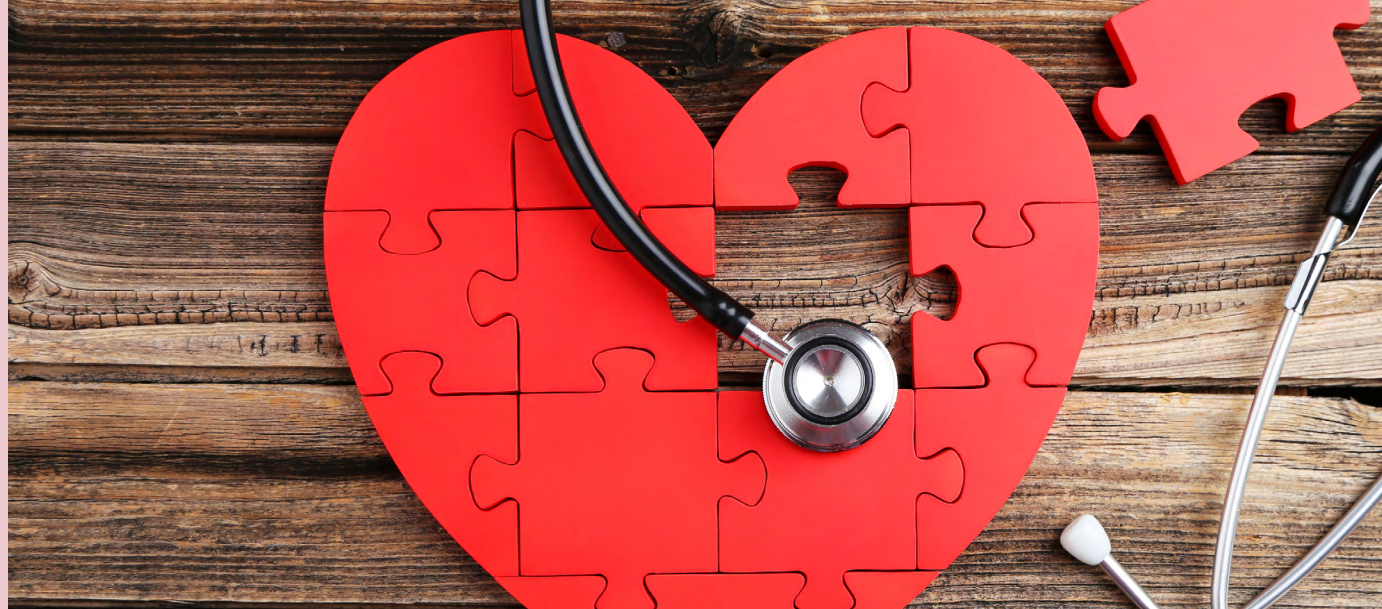


How to join us

To apply for this exciting opportunity, please submit:

- A comprehensive CV, specifying significant achievements in your career to date.
- A supporting statement, of no more than two sides, explaining how your skills and experience can support and add value to our organisation.
- A completed diversity monitoring form.

Email your applications to recruitment@resus.org.uk with **Clinical Lead - Survivors** in the subject line by 5pm Sunday 15 August 2021.



During the shortlisting process, those shortlisting applications will not have access to your name, date of birth or address.

The interview process is likely to be carried out virtually using digital technology due to COVID-19.

Interviews for this role are likely to take place during weeks commencing 6 and 13 September. There may be a second stage interview.

If you need any assistance with the application process, adaptations or modifications for interview, please let us know.

We welcome and will accept applications using an alternative process (such as video or audio applications). Please contact us on email or by phone to discuss this prior to submitting your application.

Please email suzanne.horner@resus.org.uk or phone **0207 391 0718** to discuss your requirements

For an informal and confidential discussion about the role, please contact Sue Hampshire, Director of Clinical and Service Development, on 0207 391 0711 or sue.hampshire@resus.org.uk