



What is ReSPECT?

Recommended Summary
Plan for Emergency
Care and Treatment

ReSPECT is...

A personalised conversation between a patient and clinician(s) about their health and care needs.

- A discussion around what is important to a patient if there were to be a future emergency situation and they were unable to express this for themselves.
- Creating a shared understanding about recommendations for care and treatment in a future emergency.
- Summarised onto a nationally recognised plan that the patient keeps.





Who is it for?

- ReSPECT is for anyone and everyone.
- It has increasing relevance for patients with particular health and care needs.
- It is a process that provides a summary of personalised recommendations to ensure you will receive the best possible care and treatment for your individual situation.



Why me?

- Many organisations are implementing the ReSPECT process including GPs, hospitals and care homes.
- You, your friends and/or family or people close to you may already have had a ReSPECT conversation and have a ReSPECT plan.
- Now is the time to find out more!

Want to find out more? www.resus.org.uk/respect