



ReSPECT

Recommended Summary Plan for Emergency Care and Treatment

Easy read information for patients,
parents, partners and families



2. Making choices about healthcare ReSPECT-3



You can make choices about the healthcare treatments which could work for you.

These choices include care and treatments that you would want and those you would not want.



Some choices may seem less serious, like whether or not to take a painkiller for a headache.



And some are more serious, like whether to have an operation.



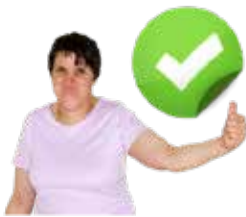
In an **emergency** there can be some very serious choices to make.



An **emergency** is when someone gets very sick or has a bad accident, and needs help in a hurry.



In an emergency, choices often have to be made very quickly.



Most of the time when people are unwell or hurt in an emergency there is a good chance that treatment will make them better.



This can make choosing treatments seem easier.



But sometimes there is not a good chance that a treatment will work.



And some treatments can be very painful for a long time afterwards.



So, everyone will have different care and wishes for how they want to be treated in an emergency.



Making a ReSPECT plan will help people think about the kind of care and treatment they want before an emergency happens.



In an emergency, some people will be too poorly to tell doctors and nurses what they think.



The ReSPECT plan will make sure what is important to a person is written down if they have to see a doctor or go to hospital.



ReSPECT is there to make sure that any recommendations about your future care and treatment are made with you.



You should get all the support you need from healthcare workers to make a recommendation about emergency care and treatment.



If someone is not able to make a recommendation about emergency care and treatment, the ReSPECT process will make sure those decisions are made in the person's best interests.



For further information go to www.respectprocess.org.uk