Standards of proficiency for registered nurses

Proficiency Outcome	Descriptors	EPALS provider	EPALS instructor
Being accountable and professional	1.8 demonstrate the knowledge, skills and ability to think critically when applying evidence and drawing on experience to make evidence informed decisions in all situations		√
	1.18 demonstrate the knowledge and confidence to contribute effectively and proactively in an interdisciplinary team	✓	✓
	1.20 safely demonstrate evidence-based practice in all skills and procedures stated in Annexes A and B.	/ *	/ *
Assessing needs and planning care	3.5 demonstrate the ability to accurately process all information gathered during the assessment process to identify needs for individualised nursing care and develop person-centred evidence-based plans for nursing interventions with agreed goals	1	1
	3.12 interpret results from routine investigations, taking prompt action when required by implementing appropriate interventions, requesting additional investigations or escalating to others	1	✓
Providing and evaluating care	4.10 demonstrate the knowledge and ability to respond proactively and promptly to signs of deterioration or distress in mental, physical, cognitive and behavioural health and use this knowledge to make sound clinical decisions	/	✓
	4.13 demonstrate the knowledge, skills and confidence to provide first aid procedures and basic life support		
Leading and managing nursing care and working in teams	5.2 understand and apply the principles of human factors, environmental factors and strength-based approaches when working in teams	(√)	√
	5.5 safely and effectively lead and manage the nursing care of a group of people, demonstrating appropriate prioritisation, delegation and assignment of care responsibilities to others involved in providing care	1	✓
	5.10 contribute to supervision and team reflection activities to promote improvements in practice and services	(√)	✓
Co-ordinating care	7.5 understand and recognise the need to respond to the challenges of providing safe, effective and person-centred nursing care for people who have co-morbidities and complex care needs	(√)	✓

Preserve Safety	13 Recognise and work within the limits of your competence		
	To achieve this, you must, as appropriate:		
	13.1 accurately identify, observe and assess signs of normal or worsening physical and mental health in the person receiving care	(✓)	(√)
	13.2 make a timely referral to another practitioner when any action, care or treatment is required	✓	1
	13.3 ask for help from a suitably qualified and experienced professional to carry out any action or procedure that is beyond the limits of your competence	✓	1
	13.4 take account of your own personal safety as well as the safety of people in your care (defibrillation)	✓	1
	13.5 complete the necessary training before carrying out a new role		1
	15 Always offer help if an emergency arises in your practice setting or anywhere else		
	To achieve this, you must:		
	15.1 only act in an emergency within the limits of your knowledge and competence	✓	1
	15.2 arrange, wherever possible, for emergency care to be accessed and provided promptly	✓	/
	15.3 take account of your own safety, the safety of others and the availability of other options for providing care	✓	✓
Promote professionalism and trust	Provide leadership to make sure people's wellbeing is protected and to improve their experiences of the health and care system		
	To achieve this, you must:		
	25.1 identify priorities, manage time, staff and resources effectively and deal with risk to make sure that the quality of care or service you deliver is maintained and improved, putting the needs of those receiving care or services first	✓	/