

## Out-of-Hospital Newborn Life Support provider course

### Programme - 4 testing stations

With suggested timings (based on 24 candidates in 4 groups of 6 and 4 testing stations)

08:00	<b>Faculty meeting and registration</b>			
08:30	<b>Introduction</b>			
08:50	<b>Lecture:</b> Physiology			
09:20	<b>Lecture:</b> Resuscitation at Birth			
09:55	<b>Lecture:</b> Human Factors and the altered OH-NLS approach			
10:20	<b>TEA/COFFEE BREAK - meet your mentors</b>			
10:50	<b>Skill stations (with continuous assessment)</b> <ol style="list-style-type: none"> <li>1. Airway</li> <li>2. Chest compressions, drugs, IO access</li> <li>3. OH-NLS altered approach workshop</li> </ol>			
	<b>Airway 1</b>	<b>Airway 2</b>	<b>Chest compressions, drugs, IO access</b>	<b>OH-NLS altered approach workshop</b>
10:50 – 11:25	Group 1	Group 2	Group 3	Group 4
11:25 – 12:00	Group 1	Group 2	Group 4	Group 3
12:00 – 12:35	Group 3	Group 4	Group 1	Group 2
12:35 – 13:10	Group 3	Group 4	Group 2	Group 1
13:10	<b>LUNCH BREAK</b> Faculty meeting or information sharing			
13:40	<b>Mentor/Mentee Feedback</b>			
13:55	<b>Demonstration:</b> Two demonstration simulations			
14:25	<b>Simulation teaching:</b> Simulations rooms 1–4			
	<b>Simulation 1</b>	<b>Simulation 2</b>	<b>Simulation 3</b>	<b>Simulation 4</b>
14:25 – 15:00 Simulations 1 & 2	Group 3	Group 1	Group 2	Group 4
15:00 – 15:35 Simulations 3 & 4	Group 4	Group 3	Group 1	Group 2
15:35 – 16:10 Simulations 5 & 6	Group 2	Group 4	Group 3	Group 1
16:10 – 16:45 Simulations 7 <b>OR</b> 8	Group 1	Group 2	Group 4	Group 3
16:45	<b>TEA/COFFEE BREAK</b> Faculty meeting			
17:00	Airway Test and MCQs – 17:00 – 17:30 4 stations x 10 min			MCQ 16:30-17:00 30 Min
	<b>Station 1</b>	<b>Station 2</b>	<b>Station 3</b>	<b>Station 4</b>
17:00-17:10	Cand 1	Cand 2	Cand 3	Cand 4
17:10-17:20	Cand 5	Cand 6	Cand 7	Cand 8
17:20-17:30	Cand 9	Cand 10	Cand 11	Cand 12
17:30	Airway Test and MCQs cont. – 17:10 - 17:50 4 stations x 10 min			MCQ 17:10-17:40 30 Min
	<b>Station 1</b>	<b>Station 2</b>	<b>Station 3</b>	<b>Station 4</b>
17:30 - 17:40	Cand 13	Cand 14	Cand 15	Cand 16
17:40 - 17:50	Cand 17	Cand 18	Cand 19	Cand 20
17:50 - 18:00	Cand 21	Cand 22	Cand 23	Cand 24
18:00	<b>Faculty meeting</b>			
18:20	<b>Feedback/end of course</b>			