

What is ReSPECT?

Recommended Summary Plan for Emergency Care and Treatment

ReSPECT is...

A personalised conversation between a patient and clinician(s) about their health and care needs.

- A discussion around what is important to a patient if there were to be a future emergency situation and they were unable to express this for themselves.
- Creating a shared understanding about recommendations for care and treatment in a future emergency.
- Summarised onto a nationally recognised plan that the patient keeps.

ReSPECT gives
you a voice



Who is it for?

- ReSPECT is for anyone and everyone.
- It has increasing relevance for patients with particular health and care needs.
- It is a process that provides a summary of personalised recommendations to ensure you will receive the best possible care and treatment for your individual situation.

Why me?

Allows you to let others know what would be important to you in an emergency.

- Supports shared decision making, helping you and your care team plan ahead together.
- Provides peace of mind - knowing your values and priorities will guide your care if you are not able to make or express choices.

Want to find out more?

www.resus.org.uk/respect