

EPALS Course provider programme

With suggested timings (based on 24 Candidates in 4 groups of 6).

The running order of this programme must not be changed

Day 1						
Timing to be decided locally		Registration and faculty meeting				
09:00	10 min	Course introduction: Philosophy of EPALS and housekeeping				
09:10	20 min	Demonstration: Recognition and management of the seriously ill child				
09:30	40 min	Lecture: Recognition and management of the seriously ill child				
10:10	15 min	TEA / COFFEE BREAK				
10:25	20 min	Demonstration: BLS with bag-mask-ventilation (15:2) and choking				
10:45		BLS				
	40 min	Skill Stations: BLS (includes continuous assessment)				
		10:45-11:30	Group 1	Group 2	Group 3	Group 4
11:25		Skill Stations: <ul style="list-style-type: none"> ▪ Airway and ventilation ▪ Vascular access 				
				Airway & ventilation	Vascular access	
	45 min	11:25 – 12:10	Group 1	Group 2	Group 3	Group 4
	45 min	12:10 – 12:55	Group 3	Group 4	Group 1	Group 2
12:55	40 min	LUNCH				
13:35	30 min	Teaching simulations: <ul style="list-style-type: none"> ▪ Respiratory failure A x 2 ▪ Respiratory failure B x 2 ▪ Circulatory failure x 2 				
		Respiratory failure A				
		13:35 – 14:05	Group 1	Group 2	Group 3	Group 4
		Respiratory failure B				
		14:05 – 14:35	Group 1	Group 2	Group 3	Group 4
		Circulatory failure				
		14:35 – 15:05	Group 1	Group 2	Group 3	Group 4
15:05	15 min	TEA / COFFEE BREAK				
15:20	30 min	Lecture: Paediatric ALS algorithm				
15:50	40 min	Demonstration: <ul style="list-style-type: none"> ▪ Cardiorespiratory arrest, team approach ▪ Safe defibrillation, team approach 				
16:30		Defibrillation				
		Skill Stations: Safe defibrillation				
	40 min	16:30-17:10	Group 1	Group 2	Group 3	Group 4
17:10		Cardiorespiratory arrest				
		Teaching simulations: Cardiorespiratory arrest				
	40 min	17:10-17:50	Group 1	Group 2	Group 3	Group 4
17:50	15 min	Mentor / mentee meeting				
18:05	Faculty meeting	END OF DAY 1 FOR CANDIDATES				

Day 2

Post resuscitation care						
08:30	40 min	Interactive workshop: Post resuscitation care				
09:10		Cardiac arrhythmia				
09:50	40 min	Interactive workshop: Cardiac arrhythmia with pulse				
		Teaching simulations: Cardiac arrhythmia with pulse x 2				
	30 min	Group 1	Group 2	Group 3	Group 4	
10:20	15 min	TEA / COFFEE BREAK				
10:35		Trauma				
		Interactive workshop: Trauma management				
	60 min	Group 1	Group 2	Group 3	Group 4	
11:35		Teaching simulations: Trauma management x 3				
	45 min	Group 1	Group 2	Group 3	Group 4	
		Paediatric emergencies				
12:20 12:40		Teaching simulations: Paediatric emergencies: Pyelonephritis and Bronchiolitis				
	20 min 20 min	Group 1	Group 2	Group 3	Group 4	
13:00		LUNCH (with faculty meeting)				
13:40		Teaching simulations: Paediatric emergencies: Course Directors choice x4				
	20min 20min 20min 20min	Group 1	Group 2	Group 3	Group 4	
15:00		TEA / COFFEE BREAK (with faculty meeting and mentor/mentee meeting)				
15:20 – 17:20		Assessments (with 15 minutes for each changeover)				
17:20 – 17:50		Faculty meeting				
17:50		Candidate results and course evaluation				
		END OF COURSE				