

Paediatric Immediate Life Support Course Core Programme

		Minimum timings
	Registration Faculty Meeting (if appropriate)	
08:00	Introduction	5 minutes
08:05- 08:40	Lecture: Recognition and initial management of the seriously ill child	35 minutes
08:40- 09:00	Demonstration: Initial ABCDE assessment and interventions	20 minutes
09:00- 09:40	Skill Station 1: Airway management and ventilation	40 minutes
9:40- 10:10	Practice stations: ABCDE approach	30 minutes
10:10- 10:25	Refreshment break	
10:25- 10:55	Skill Station 2: BLS and choking	30 minutes
10:55- 11:25	Skill Station 3: BLS with adjuncts	30 minutes
11:25- 11:45	Skill Station 4: Emergency circulatory access, fluid administration and medications	20 minutes
11:45- 12:30	Workshop: Paediatric ALS algorithm and management of cardiorespiratory arrest	45 minutes
	Lunch break	
13:15- 14:00	Simulation practices (1 per candidate)	45 minutes
14:10- 14:55	Simulation practices (1 per candidate)	45 minutes
14:55- 15:10	Faculty meeting (if appropriate) Summary & debrief	15 minutes

Total time excluding breaks: 6 hours

The timings are based on a course with a ratio of 6 candidates to 1 instructor. Timings may be reduced accordingly if the candidate to instructor ratio is < 6:1.

Optional targeted training

Course centres can opt to include additional sessions to address the specific needs of the candidates and their places of work. However, these should be incorporated into the programme **after the core sessions have all been covered** (i.e. just before the faculty meeting).

Suggested topics that can be covered include:

- ECG interpretation and cardiac rhythm analysis
- Defibrillation and cardioversion practice
- Resuscitation of the child with a tracheostomy

Instructors should refer to the European Paediatric Life Support course manual for further information on these topics.